



Quarterly Newsletter
January - March 2019
Vol 2 Issue 1
Editor: Alexandra Preston

JANUARY - MARCH NEWSLETTER

Greetings,

I would like to extend a warm welcome with an open heart and gratitude to all my students and clients in this shimmering New Year.

We are already at the end of March, and this first term of classes has seen many new and regular students attend with much enthusiasm and focus. There is so much excitement in our classes with beautiful energy.

Term 2 commences from 22nd April, with new dance combinations, musicality, props and continuing to improve body conditioning and technique for all class levels and of course always having fun! Bring a friend along and learn this beautiful and fun dance style. If you have not booked yet, give me a call and I will be happy to have a chat.

I wish you all a successful year of dance!

In light & love,

Shira xx



Top: Diamonds of the Desert

Contact:
Phone: 0400 881 815
Email: info@bellydancegoldcoast.com.au
Web: www.bellydancegoldcoast.com.au

BELLYDANCE EVOLUTION

Bellydance Evolution, an international production from the USA produced by Jillina Carlano, included belly dance performers from around the world and presented the amazing concert, *Fantasm 1001 Nights*, alongside incredible workshops in Sydney in March. BDE was organised and hosted by Jrisi Jusakos of Hathor Dance Studio, Sydney; this was her second time hosting BDE in Australia. The event was just outstanding. Amy and I would not have missed this for anything.



CLASSES

The Dream girls have been introduced to stick (Assaya) Fan Veils and Veils during Term 1, while the Diamonds/Stars have learnt a choreography using the full circle skirt as a prop. This term, we also began to manage all enrolments and class attendance digitally – no more paper!

PAST EVENTS

We welcomed 2019 with our Belly Dance Summer Workout Workshop on the 13th of January. It was a great success, and much fun as the girls worked hard keeping up with the fast rhythm and pace. Next workshop upon request - Behind the Veil 3. Date to be announced.

Global SWAP Reunion: In February, Amy, Alexandra and I gave a much appreciated belly dance performance to the members of the Global SWAP networking group. We all had a fantastic time, while some of the audience reunited with friends they hadn't seen in decades!

UPCOMING EVENTS

Carrara Markets Psychic & Holistic Fair 2019, on Sunday 12th May
SAVE THE DATE: Moonlight at the Oasis VIII, Sunday the 3rd of November 4:30 pm. This will be our 8th annual belly dance concert, to be held at the Helensvale Cultural Centre.

FEATURED DANCER - EBONY

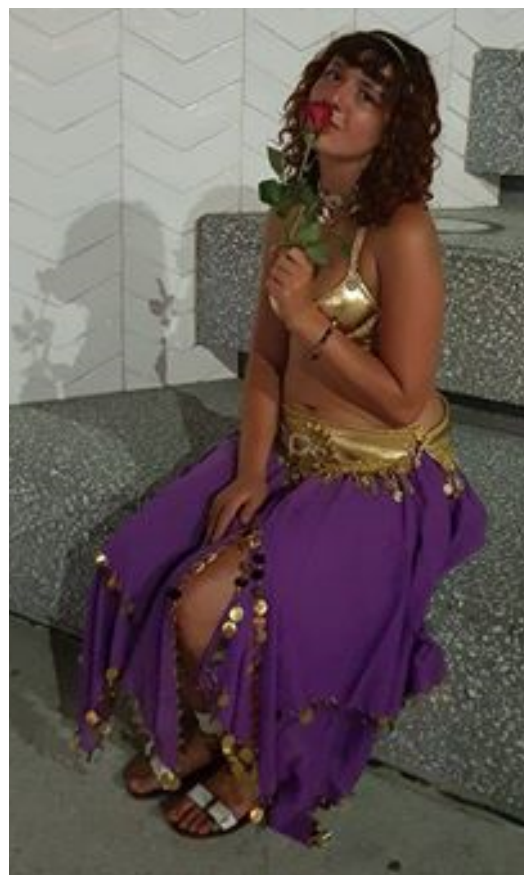
Ebony, also known as Myst, is a very passionate artiste with one of her loves being belly dance! She recently began her belly dance journey in June last year, when she took a retreat in Thailand that facilitated sacred women's yoga and belly dance. Prior to this, she had not tried any dance classes, so she wanted some experience before traveling to the retreat.

Enter, Sheherazade Belly Dance Academy and Bam! A fire was started. This fire encouraged her to devote much of herself to this form of expression. She now commits to regular classes at Sheherazades' Academy, as well as training at home with online tutorials, and of course the spontaneous party dances still occur, with freestyling in her new home dance studio!

"I find Belly dance is an integral part of who I am now. My heart feels so full when I dance [...], finding freedom through movement [...] being so empowering [...]. Belly dance has supported me to raise my self-esteem and walk in a new-found confidence. [...] I have performed a few dance solos: at the launch event of my charity, Lily Healing, and also at High Vibe Vegan Markets. And honestly, when I am on stage it does not feel like I am alone, I am dancing with spirit!"

Ebony has a desire to dig a bit deeper into the roots of belly dance to seek out the knowledge that has been passed from our ancestors through the dance. She is very interested in the theory and has now began writing a blog for Sheherazade Belly Dance Academy. Writing is one of Ebony's creative pursuits and she has expressed her excitement to share her love for belly dance through her love of writing. Fusing the two, she hopes to inspire others through her interest in the depths of this style, which is so vibrantly alive.

Ebony embodies the essence of peace and love for all, bringing a sense of sisterhood to the group.



REVIEWS

We absolutely love the feedback that we have been receiving over this past term. We would love it if you could take two minutes out of your day to leave us a review on Facebook or Google (or both if you really love us!). Simply click on the links below to be taken directly to our review pages. Thank you for your continued support!

[Facebook](#)
[Google](#)



New wrist bands as a momento for every student & client.



2018 HEN PARTY BUSINESS AWARDS

Congratulations to Shira on this well-earned award, for being selected as one of the top 5 services for celebrating hen parties in Queensland. You certainly work hard with passion and dedication for your clients, whether they are celebrating hen parties, weddings or other events.



Valentine's Day at class - everyone received a chocolate rose!



Amy and Shira enjoying a fan veil workshop at Bellydance Evolution



The Robina Dreams of the Desert learning how to dance with the stick (Assaya) and fan veils.



At the Belly Dance Summer Workout Workshop

Timetable

Term 2 - 22nd April to 27th June 2019

MONDAY

Robina Community Centre

Intermediate: 7:15 pm

Advanced / Troupe: 8:15 pm

TUESDAY

Robina Community Centre

Beginners / Beyond: 5:30 pm

WEDNESDAY

Southport Community Centre

Beginners / Beyond: 5:30 pm

Intermediate: 6:30 pm

THURSDAY

Helensvale Library & Cultural Centre

Beginners / Beyond: 5:30 pm

10 week term \$150 - Casual \$20

BOOKINGS: 0400 881 815

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